



JANUARY | 2022

Russellville Middle and High School Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 Pizza Corn Salad Applesauce Milk	4 Hamburger or Cheeseburger Trimmings Baked Beans Waffle Fries Mandarin Oranges Milk	5 Chicken Tenders Scalloped Potatoes Green Beans Roll Pineapple Milk	6 Chili W/ Crackers Grilled Cheese or PB&J Salad Apple Milk	7 Turkey Sub Veggies W/ Dip Nacho Doritos Craisins Milk
10 Ham & Cheese Sandwich Trimmings Hot Pork and Beans Apple Milk	11 Pizza Corn Salad Applesauce Milk	12 Chuckwagon W/ Gravy Mashed Potatoes Green Beans Roll Pineapple Milk	13 Vegetable Soup W/ Crackers Grilled Cheese or PB&J Salad Apple Milk	14 Hot dog or Corndog Veggies W/Dip Nacho Doritos Craisins Milk
17 Hamburger or Cheeseburger Trimmings Baked Beans Waffle Fries Apple Milk	18 Pizza Corn Salad Applesauce Milk	19 Chicken Patty Scalloped Potatoes Green Beans Roll Pineapple Milk	20 Taco Soup W/ Taco Chips Grilled Cheese or PB&J Sour cream Salad Apple Milk	21 Turkey Sub Veggies W/ Dip Nacho Doritos Craisins Milk
24 Hamburger or Cheeseburger Trimmings Baked Beans Waffle Fries Apple Milk	25 Pizza Corn Salad Applesauce Milk	26 Mandarin Chicken Asian Rice Glazed Carrots Roll Pineapple Milk	27 Chicken Noodle Soup Grilled Cheese or PB&J Salad Apple Milk	28 Hot dog or Corndog Veggies W/Dip Nacho Doritos Craisins Milk
31 Hamburger or Cheeseburger Trimmings Baked Beans Waffle Fries Apple Milk	1	2	3	4

News

Breakfast

Fruit and Milk served daily.

Monday

Sausage, Hashbrown, Cheese Wrap or Poptart

Tuesday

Breakfast Pizza or Cereal

Wednesday

Donut or Poptart

Thursday

Muffin or Cereal

Friday

French Toast or Poptart

Menus are subject to change due to availability of items.